

*Provoke,
Evoke*

or Go Home!

Presencing Change is not an option

A stylized logo consisting of the letters 'M' and 'g' in a cursive, handwritten font, enclosed within a dark blue rectangular box.

Welcome

Welcome to Masterful Provocation

Session 4

What and How to poke:
Myths and Beliefs



Ms

Overview

Here's what we're up to for this session:

1. Review – How are you doing? What are you doing?
2. The Key Agilities – Revisiting; more subtraction
3. What are myths?
4. Myth busters
5. What beliefs are/aren't
6. Crucial beliefs distinction
7. Dismantling beliefs steps
8. Truth and consequences



Ms

Session 4 Review

If nothing is moving for you, you may be caught in a paradigm

1. How are you doing with provoking so far?
2. What are you doing with provoking so far?
3. What is it you know to do and are not yet doing?

There's NO guarantee you will become Masterful at this. You are the guarantee, not me.

Mf

Agilities Revisited

Agility: the power of moving quickly and easily; nimbleness:



Presence



Sensing Acuity



Provocative Inquiry



Saying What Is

What is not yet moving for U?

Mf Subtracting Frictors

Baseline Experience = the GAP

GAP



SEE



CORE



WAIT



Mj

What is a Myth?



MYTH

- 1 a traditional story of **ostensibly** historical events that serves to unfold part of the world view of a people or explain a practice, belief, or natural phenomenon
- 2 : a person or thing having only an **imaginary** or **unverifiable** existence –

Example of smaller *MYTHs*

It's an enduring *myth* that money brings happiness.

Synonyms: [fable](#), [legend](#), **Antonyms:** [truth](#), [verity](#) **Related Words:** [parable](#); [fabrication](#), [fantasy](#),

Mj What to do with a Myth?

Who you gonna call? MYTHBusters

1. **Request** for **evidence** or proof, grounded in facts vs. perceptions (may need to be repeated)
2. **Present evidence** or proof that is incontrovertible and in direct opposition to the Myth
3. **Inquire** into the heart of the matter.

i.e. "If this was no longer true, what would you have to give up as a way of being in the world?"

If we don't poke Myths, people will tend to live them out,
often to their detriment

Mj

What is a Belief?

Belief: Mental acceptance of a claim as truth regardless of supporting or contrary empirical evidence.

Beliefs are constructions



There is no DNA for Beliefs

Mj

What is a Belief?

Essential Premise #1 - **ALL Beliefs are constructions**



There is no DNA for a beliefs

Mg

What is a Belief?

Essential Premise #2 – Beliefs stay in place
because we don't challenge them

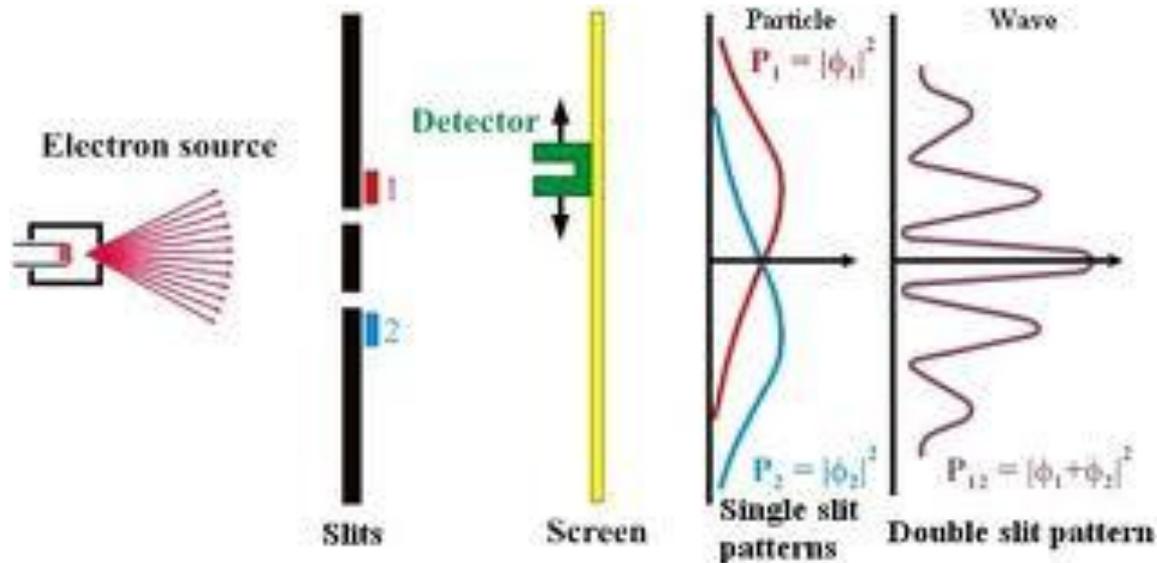


“If I don't look under the bed the boogeyman
won't get me”

M_g

What is a Belief?

Essential Premise #3 – We validate our beliefs by selected 'evidence.'



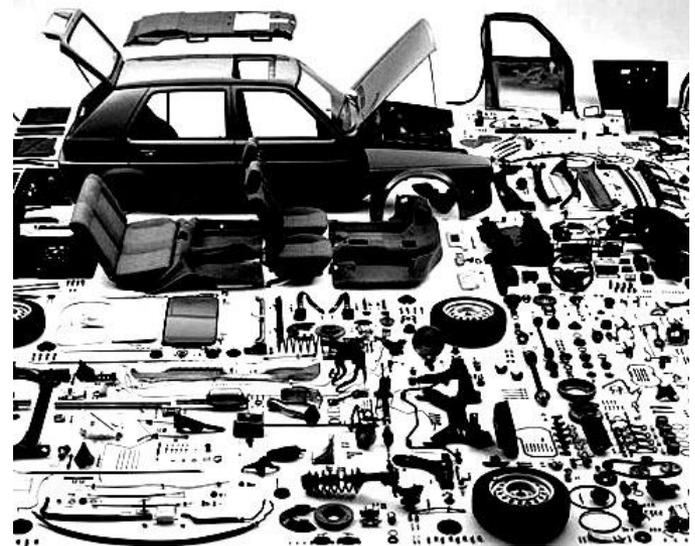
We see only what we expect to see based on what we use to measure the outcome

M

Dismantling Beliefs

To Dismantle:

1. Identify the belief.
2. Provoke the components of the belief.
Sometimes even a language nuance keeps it stuck.
3. Provoke the function of the belief.
What does it do for us? How does it serve us?



M *Dismantling Beliefs*

To Dismantle:

4. Provoke the operation of the belief.

What does it have us do?

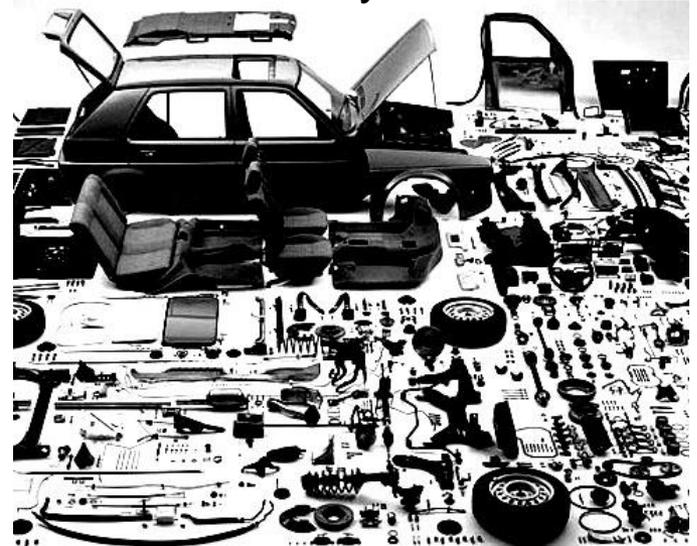
How do we behave when it's working?

On a physical level? Spiritual? Emotional? Intellectual?

5. Provoke by requiring a list current/historical evidence of validity of the belief.

Anecdotal as well as actual.

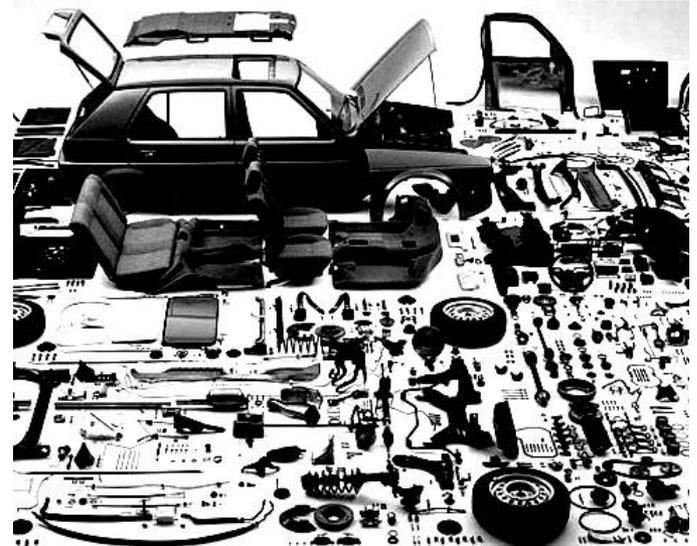
6. Provoke an experiment of its opposition.



M *Dismantling Beliefs*

To Dismantle:

7. Provoke by requesting a search for contradictory evidence.
8. Provoke by referencing "expert" testimony. ('i.e.' Copernicus showed us our "belief" that the Sun revolved around the world was inaccurate through mathematical evidence.)
9. Provoke a field test the new belief.
“Act as if the adjusted belief is right and gather new evidence/testimony to support the adjusted belief.”



M *Dismantling Beliefs*

To Dismantle:

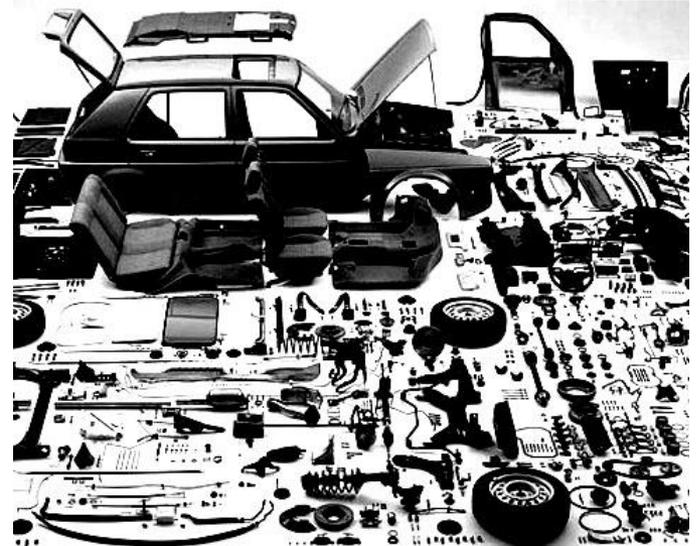
10. Provoke by requesting actions contradictory to old belief.
Endorse the experiment. Examine results impartially.

11. Provoke by requesting a talk with others who have always held these new beliefs.

12. Provoke integration of new belief by asking for nuances to how the belief shows up.

13. Provoke full implementation of new belief

14. Periodically, provoke an evaluation of the new belief for optimal function.



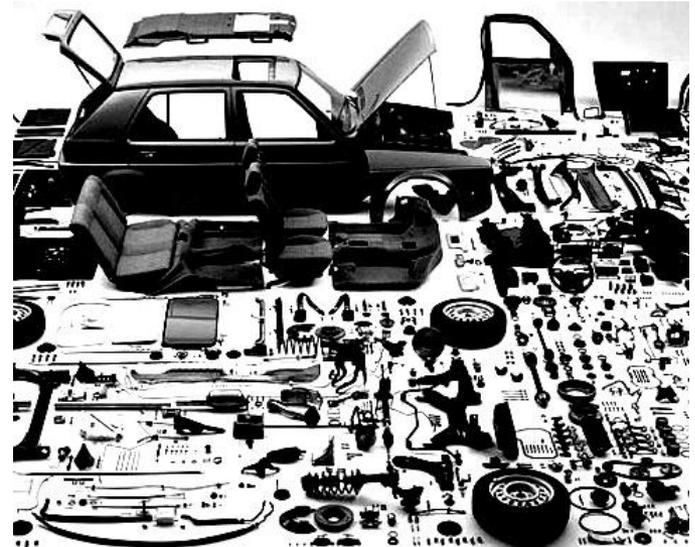
M *Dismantling Beliefs*

To Dismantle:

7. Seek contradictory evidence.

8. Include "expert" testimony. ('i.e.' Copernicus showed us our "belief" that the Sun revolved around the world was inaccurate through evidence.)

9. Field test the new belief.
Act as if the adjusted belief is right
and gather new evidence/testimony
to support the adjusted belief.



My Truth and Consequences

FEAR

is what you'll come up against

Due to:



Identifications



Attachments



The Unknown

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Consequences

It might start or feel like this for the provokee



And end like this...



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Practice

What beliefs or myths are you going to challenge?



If it is to be, it's up to you