



# Respectful Assumptions a Coach Makes

(Excerpted from Masterful Questions by Michael Stratford)

The coach makes the following assumptions about every client they are working with as part of the 'coach approach'

The client is:

- Unique
- Intelligent
- Capable
- Knows how to solve problems
- Is responsible for their own life
- Is imaginative
- Is creative
- Is an adult
- Is courageous
- Knows how to follow through on actions
- Has their own sense of order and organizing principles
- Has a unique dream/vision or goal
- Has strengths, talents and skills
- Is personally accountable
- Has or can get what they need
- Knows how to accomplish
- Knows how to learn
- Is whole
- Knows how to be clear
- Can start and finish projects
- Is resilient
- Is competent in the world
- Can provide for themselves
- Knows how to focus
- Has their own values and principles
- Has their own inner compass
- Is strong
- Has their own timing
- Has their own rhythm
- Can sense of what's right for them
- Define's their own identity

"Seeing my clients this way allows me coach respectfully, powerfully and without an agenda. It becomes a treasure hunt of who this person is and a marvelous unfolding of how they're uniquely going to get where they want to go. It allows me to serve."

*Michael Stratford*